

Rediscover   
yourself

# GET THE DREAM LOOK YOU DESERVE

BREAST  
REDUCTION



COSMETIC SURGERY | ENT | MEDICINE CLINIC

#rediscoveryourself



## YOUR DOCTOR

**DR. SALIL PATIL ,  
M.CH. (PLASTIC AND RECONSTRUCTIVE SURGERY)**

**FELLOW, ADVANCED COSMETIC SURGERY (FACS)**

**FELLOW, LASER AND COSMETIC DERMATOLOGY**

**CONSULTANT PLASTIC, COSMETIC AND LASER SURGEON**

**DIRECTOR, DHANWANTARIS CHRYSALIS**

**Dr. Salil Patil, Pune** is an Indian Board Certified Cosmetic Surgeon, gold medalist and Director at **Dhanwantari's Chrysalis**. He is the most Trusted and Respected name in Cosmetic Surgery, Hair, Skin and Laser. He has practiced with Indian and Overseas patients with innumerable Successful Surgeries to his credit. He is a very humble human being and keeps a very simple and comfortable approach to the patients.

Here at Dhanwantari's Chrysalis each patient receives personalized attention and makes an informed decision after extensive counseling with full knowledge of the procedures as well as alternative treatments. Dhanwantari's Chrysalis is performing at its best with Advanced instrumentation, state of the art operative and OPD equipment as well as experienced qualified and expert Plastic surgeon, ably backed by a well trained and experienced staff.

Apart from these best medical standards, Patients find benefits in their lives in many aspects with much improved, physical and mental health.

## Breast Reduction Procedure



1. Incisions outline the area of the excess tissue to be removed.



2. Excess skin and fat are removed. The nipple and areola are then moved to a new and higher position.



3. The incisions are brought together to reshape the now smaller breast.



4. Sutures are placed around the areola and can extend downwards and horizontally under the breast crease.

# BREAST REDUCTION

## What is Breast Reduction ?

Breast reduction is also referred to as reduction mammoplasty. The objective of this surgery is to make the breast equivalent to the rest of the body by reshaping the size of the breast to eliminate any physical discomfort caused by them. This procedure which is commonly requested by many women has benefits for not only improving aesthetic appearance and but also eliminates any physical and emotional discomfort which come along with it.

## Who is the best candidate for BREAST REDUCTION SURGERY?

If you have large breasts which are unproportional with your body frame .

Larger breasts are causing neck, back, or shoulder pain

If you have larger breasts with downward pointing nipples.

If your one breast is larger than other

If you are always conscious about the large appearance of your breasts

## Benefits Of Breast Reduction

Surgery will definitely reduce neck, back, and shoulder pain causing because of larger breasts.

## BENEFITS OF BREAST REDUCTION

### PHYSICAL APPEARANCE :

#### Youthfulness

Ageing is a natural process which everyone goes through. Visible wrinkles, fine lines, blemishes are signs of ageing. Such skin flaws makes you look tired or aged. But with BREAST REDUCTION SURGERY like suitable treatment one feels younger, healthier and rejuvenated.

#### Natural

Nowadays BREAST REDUCTION SURGERY is gaining immense popularity because it produce results that blend extremely well with a patient's body aesthetics. Soon after the surgery, one gets back to the desired or normal shape of a treated body part. One does not have to wait long to see the result, which is the beauty of cosmetic surgery.

### IMPROVED PHYSICAL HEALTH:

Some cosmetic surgery procedures have double advantage; it will improve physical health as well as your looks.

Breast reduction surgery, which is commonly requested by many women has benefits for not only improving aesthetic appearance and but also eliminates any physical and emotional discomfort which come along with it. It also reduces neck pain, back pain causing because of larger breasts.

Some researchers also believe that removal of breast tissue in men can lower the risk of cancer in that tissue.

### **WEIGHT LOSS:**

Liposuction is a process in which the body is reshaped by removing fats from that particular part of the body, and it typically targets problem areas that do not respond well to diet and exercise.

Patients seeking body contouring find it is easier to keep the weight down after lipoplasty. The positive results of liposuction can influence the patient to maintain a healthy diet and exercise program to keep their weight in check.

Appropriate weight control can lead to a healthier body and reduced risks associated with obesity and excessive weight gain.

### **INCREASED CONFIDENCE AND ENHANCED MENTAL HEALTH:**

Self Confidence is a tool that helps us face challenges and tackle problems in life, with great certainty. When you look good, you feel good which in turn increases your self confidence. It leads to greater willingness to try new things or open up in social situations. You become more willing and open to wearing certain clothes or participating in activities which you avoided prior to surgery, due to discomfort in your appearance.

Certain clinicians and psychologists feel, few corrections in your body parts, by cosmetic surgery can not only lead to emotional wellness but also enhanced mental health.

### **OTHER OPPORTUNITIES:**

Studies do suggest that people that are more attractive benefit in their personal as well as professional lives.

Studies have also found, good looking people have a higher probability of getting promotions and making more salary.

A 2012 study published in Applied Financial Economics revealed that good looking real estate agents were able to sell properties at a higher price than agents that were average looking.

# ABOUT CLINIC



## HOW TO BOOK A SURGERY

- 01.** Plan your travel dates and check out doctor's availability and confirm your appointment.
- 02.** After bookings of your air tickets You need to send us a copy of your air tickets to us.
- 03.** We will plan Your consultation with your doctor accordingly and schedule your treatment.

You can call on the numbers given below for any assistance or query.

**Call : +91 070576 69340 | 73910 97831**

## HOW TO APPLY FOR A MEDICAL VISA ?

**Visa :** For the patients who are visiting India You need to follow below mentioned procedures :

- 01.** Apply for a Medical Visa with the Local Indian Embassy in your country
- 02.** Provide us a copy of your passport and traveling dates to us so that accordingly we can provide you An Invitation Letter for the Visa Application.

### Visa On Arrival :

Visit the following Link mentioned here : <https://indianvisaonline.gov.in/>

**Airport Pickup Facility :** We can arrange for a pickup from the airport and we can offer you places also where you can live comfortably. We will take care of every aspect involved in the process to make your medical trip convenient and comfortable.



## DHANWANTARI'S CHRYSALIS

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